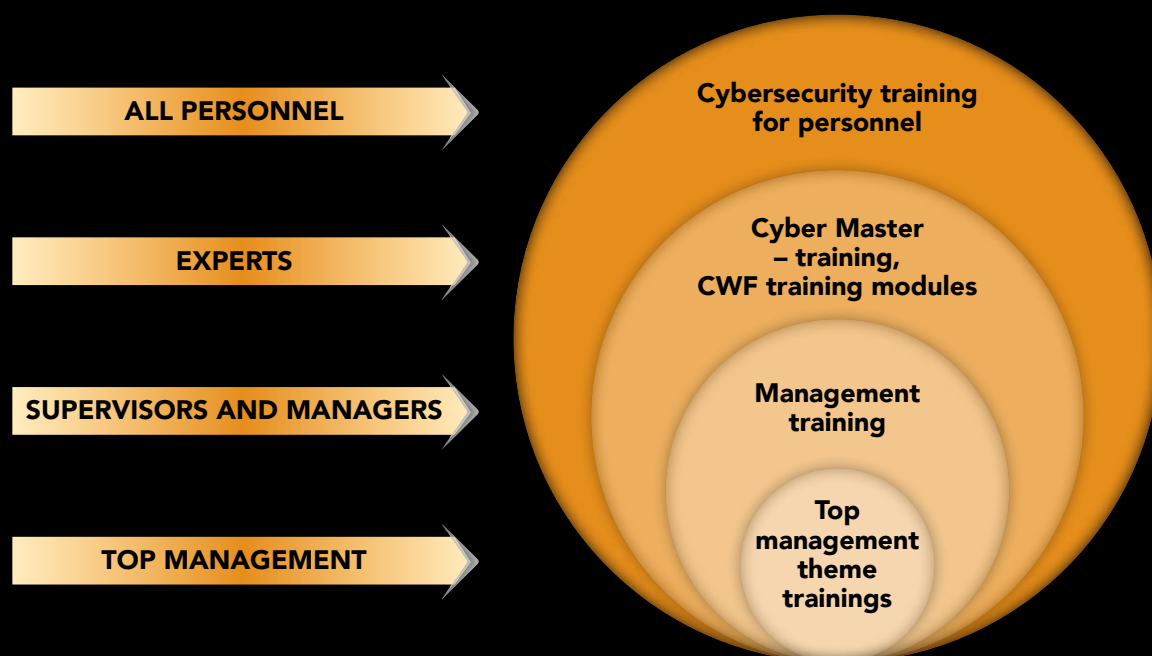


Training and Competency Development



CYBERWATCH TRAINING MODULES AND LECTURES

We also provide customized training modules and lectures for your organisation, which will help you strengthen your cybersecurity skills and prepare you to face the changing challenges of our digital operating environment.

Our training offers consists of module packages and individual lectures, from which you can choose the parts that best suit your organisation's situation or operations. The training can be delivered either as face-to-face training, hybrid training or online courses. In addition to training and lectures, you can also order scenario-based training for your organisation, which will help you to collect and structure information required for understanding the future as comprehensively as possible.

Examples of lectures:

- Cybersecurity of the Energy Sector
- Cybersecurity of the Logistics
- Cybersecurity of the Satellites and Positioning Systems
- Cybersecurity of the Critical Infrastructure
- Cybersecurity of the Health Sector
- Cyber Warfare and the Impact of the War in Ukraine on the Cyber Environment
- Cybersecurity Management and Crisis Communication
- Cyber Hygiene/Cybercrime
- Dark Web

Training modules from page 3.

CYBER SITUATIONAL AWARENESS FOR PERSONNEL

The Cyber Security Act (NIS2) that has come into force and the cyber risk management obligation that came with it require that organisations' personnel must be regularly provided with training, that aims to:

- 1) improve awareness of cybersecurity in general,
- 2) develop cyber hygiene practices and
- 3) increase understanding and awareness of current cybersecurity risks.

The cyber situational awareness training for personnel meets this requirement. The content consists of significant cyber phenomena discussed in the weekly and monthly reviews during the previous month. The training is held once a month for personnel as a live stream or other remote training and lasts approximately 60 minutes.

MIF TRAINING PROGRAMS

We are producing Cyber Master specialised vocational qualification training together with the Management Institute of Finland (MIF Oy). Currently, the training programs offer the Cyber Master Basics and Cyber Master Extended training modules. The purpose of the training is to deepen the understanding of cybersecurity threats and provide practical tools to protect the organisation's operations.

Cyber Master Basics

The aim of the course is to learn the basics of cybersecurity and to build your own organisation's resilience. The Cyber Master training deepens your understanding of cybersecurity threats and provides practical, non-technical tools to protect your organisation's operations. In the training, you will learn how to build an organisation's ability to tolerate disruptions and manage crisis situations.

Content of the Training:

- Operating environment and leadership
- Cyber risk management
- Cyber resilience

Cyber Master Extended

The aim of the advanced course is to strengthen the participants' cybersecurity expertise and take your organisation's cybersecurity to the next level. The Cyber Master Extended training offers a more in-depth approach to cybersecurity, helping you develop your organisation's resilience and ability to manage cyber threats together with your management. The training is designed for those who want to take cybersecurity to a strategic level and lead the organisation's development holistically.

Content of the Training:

- Deepening cyber leadership and protecting operations
- Cybersecurity planning and development